

ENGLISH PLUS FOOTBALL ACADEMY

Participants will arrive on a Sunday.



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
08:45 – 09:15	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
09:15 – 12:30	General English	General English	General English	General English	General English	Team Meeting & Bus Transfer to Match	Edinburgh Castle & Old Town
12:30 – 13:30	Lunch	Lunch	Lunch	Lunch	Lunch	Light lunch	Snack lunch
13:30 – 16:30	Ibrox Stadium Tour and Club Welcome	Technical Session – Control	Technical Session – Passing	Technical Session – Dribbling & Turns	Technical Session – Finishing	Competitive matches with local youth teams	Scottish Parliament and tour round Edinburgh
17:00 – 18:30	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner of traditional fish and chips on way home in bus.
19:00 – 21:00	Free time in Learning Centre	Local walking tour	Barbecue (Weather permitting)	Free time in Learning Centre	Indoor games competition	Group Excursion – Bowling	FREE TIME
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
08:45 – 09:15	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
09:15 – 12:30	General English	General English	General English	General English	General English	Team Meeting & Bus Transfer to Match	Transfer to airport for return home
12:30 – 13:30	Lunch	Lunch	Lunch	Lunch	Lunch	Light lunch	
13:30 – 16:30	Hampden Stadium Tour	Group Session – Team Shape	Group Session – Crossing & Finishing	Group Session – Defending	Group Session – Possession	Competitive matches with local youth teams	
17:00 – 18:30	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	
19:00 – 21:00	Free time in Learning Centre	Match Report Production	Local walking tour	Prepare end of programme report	Graduation and party	Group Excursion – Soccer Circus	

The school reserves the right to change the programme to suit changing circumstances